



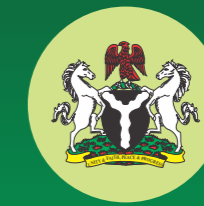
NATIONAL

- Developing local legislation, policies and strategies supporting good menstrual hygiene practices in the workplace, public places, schools, the home and the community.
- Ensure a national bureau of standards monitors the quality of sanitary protection products.
- Supporting education and awareness-raising. Training teachers, other professionals and community leaders in good menstrual hygiene practices.
- Allocating resources for programmes related to improving menstrual hygiene practices and facilities.
- Ensuring social protection activities exist to support those living in the most vulnerable or marginalised situations.
- Supporting increased availability of affordable sanitary products.
- Breaking the silence; confronting dangerous myths, taboos, and practices; and challenging negative perceptions.



INTERNATIONAL

- Undertaking advocacy on menstrual hygiene and dissemination of good practice.
- Funding programmes to increase knowledge of good menstrual hygiene management practices (water, sanitation and hygiene programmes, health and hygiene promotion, small businesses manufacturing low-cost sanitary products etc).
- Developing policies that mainstream good menstrual hygiene practices.
- Breaking the silence; confronting dangerous myths, taboos, and practices; and challenging negative perceptions.



OVERVIEW OF RESPONSIBILITIES ON MENSTRUAL HYGIENE



HOUSEHOLD

MEN AND BOYS

Men and boys have roles to play in supporting their wives, female relatives, friends and colleagues in their menstrual hygiene:

- Challenging negative attitudes and perceptions.
- Sharing information on good menstrual hygiene practices.
- Participating in local production of menstrual products.
- Ensuring women and girls can afford sanitary materials.
- Addressing barriers to water and sanitation for the hygienic management of menstruation with privacy and dignity.





HOUSEHOLD

WOMEN AND GIRLS

- Managing their own menstruation hygienically, to maintain their health and that of others – includes making, washing, drying and disposing of sanitary materials safely.
- Supporting other women and girls with information on good menstrual hygiene practices – especially important for preparing younger pre-adolescent girls for menstruation.
- Addressing barriers to water and sanitation for the hygienic management of menstruation with privacy and dignity.
- Challenging negative attitudes and perceptions.



COMMUNITY

- Breaking the silence; confronting dangerous myths, taboos, and practices; and challenging negative perceptions.
- Sharing information on good menstrual hygiene practices.
- Ensuring equitable and sustainable access to community water and sanitation facilities.
- Involving women and girls in decision-making about water and sanitation facilities.
- Encouraging all households to have a private and secure latrine and methods or facilities for the safe disposal of sanitary products.
- Ensuring schools support girls and female teachers to manage menstruation hygienically, with private and secure latrines and methods or facilities for the safe disposal of sanitary products.
- Ensuring girls and women in vulnerable situations are able to manage menstruation hygienically and with privacy and dignity.
- Ensuring public places provide private and secure facilities for managing menstruation.
- Encouraging the establishment of local small businesses that make sanitary products, or ensuring shop keepers sell affordable and accessible alternatives.



LOCAL AND STATE GOVERNMENT

- Developing local legislation, policies and strategies supporting good menstrual hygiene practices in the workplace, public places, schools, the home and the community.
- Supporting education and awareness-raising. Training teachers, other professionals and community leaders in good menstrual hygiene practices.
- Allocating resources for programmes related to improving menstrual hygiene practices and facilities.
- Ensuring social protection activities exist to support those living in the most vulnerable or marginalised situations.
- Including monitoring and performance indicators on menstrual hygiene.
- Breaking the silence; confronting dangerous myths, taboos, and practices; and challenging negative perceptions.

